

Frightfully Fun Halloween Craft Ideas for Older Adults



With the spooky season approaching, who said kids should have all the fun this Halloween? Crafting allows you to be creative and is something you and your loved ones can enjoy together! Not to mention crafting promotes concentration, eases depression, aids cognitive health and improves motor skills in aging adults. Get together with family, friends or grandchildren for an afternoon of fun. Celebrate the season right with these five fun Halloween crafts for older adults:



Milk jug-o-lanterns

What you'll need:

- Cleaned gallon milk jug
- Black permanent marker
- Knife
- String of colored lights of your choice

You and your loved one can draw some spooky faces on the milk jugs using the permanent marker and color them in. The next step requires safe use of the knife to cut a small hole in the lower backside of the jug. Using the hole, put your string lights inside and plug them in. Now you have a spooky jug-o-lantern as a haunting decoration!

Hanging ghosts

What you'll need:

- White and black construction paper
- Cotton balls
- Scissors
- Elmer's glue
- Yarn/string

Start by cutting out a ghost shape using the white construction paper. Next you are going to glue the cotton balls on your ghost outline until the whole thing is covered. Now with the black construction paper, cut out eyes and mouth and glue them on your ghost. Finally tape yarn or string in a loop to the back of your ghost and hang them up wherever you want!

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Spider lollipops

What you'll need:

- Pipe cleaners
- Googly eyes
- Elmer's glue
- Scissors
- Lollipops of your choice

Start by cutting two pipe cleaners in half. Next wrap the pipe cleaners once around the lollipop to secure it and then shape the spider's legs. Finally glue the googly eyes on to your spider. These are perfect to give to family, friends and grandchildren!

Mummy pumpkins

What you'll need:

- Pumpkins
- Hot glue gun
- Gauze
- Googly eyes
- Black permanent marker

Carving pumpkins can be a hassle, with mummy pumpkin you don't have to bother! Start by gluing one end of your gauze anywhere on the pumpkin you'd like. Now wrap the gauze around the pumpkin and glue the end of the gauze on the pumpkin once you are done. Lastly, glue the eyes on your mummy pumpkin and draw a mouth. Now you have a scary outdoor or indoor decoration!

Toilet roll cats

What you'll need:

- Empty toilet paper roll
- Black paint
- Pipe cleaners
- Yellow paper
- Black permanent marker
- Elmer's glue

Start by standing up the toilet paper roll and squishing down one end in the middle to shape two cat ears. Now paint them black and let dry. Cut out two lemon shaped pieces from your yellow paper for the eyes and draw black pupils on them. Now cut your pipe cleaners into whiskers and set aside. Glue eyes and whiskers onto the roll. You can even use the pipe cleaners to add a tail! Now you have a scary pet cat on your hands.

